

ANKLE STIRRUP BRACE WITH GELFOAM™

Model No: 40-905

Sizes: Universal
Color: Navy/Black

USE:

The GelFoam™ Ankle Stirrup Brace enhances medial/lateral stability of the ankle joint following sprains, strains or after cast removal. Ideal brace for mild ankle sprains since the liners can be removed and chilled for use as cold therapy.

COMFORT BENEFITS:

The rigid brace shells are designed to fit the ankle comfortably, providing the needed medial/lateral stabilization. The soft terry cloth covered liner is cool and comfortable against the skin. The gel-filled portion of the liner conforms to the malleoli of the ankle for intimate support and a custom fit.

COLD THERAPY:

The application of cold compression can help reduce the severity of an injury and relieve the accompanying pain by reducing swelling and soothing nerve endings. Cold therapy can be used immediately after an injury for up to 72 hours in 20-minute intervals. Remove GelFoam™ liners from the plastic shells and place in refrigerator until cold (approximately 20 minutes). Place the liners back in shells and apply brace, securing two-way adjustable hook and loop straps.

PRODUCT FEATURES:

- **Universal Size** – Fits left or right and is comfortable in most athletic shoes.
- **GelFoam Liner** – Conforms to the ankle for intimate support without any pressure or pinch points. Can be removed and placed in refrigerator for cold therapy.
- **Adjustable Heel Piece** – Adjustable to fit a range of sizes
- **Rigid Plastic Shells** – Provide medial/lateral stabilization to the ankle joint. Universal size and fits left or right.
- **Two-Way Adjustable Straps** – Gives a quick and easy fit with a wide range of adjustability. Loop-lock buckles give a secure fit.

HOW TO APPLY:

Place the rigid shells on the medial and lateral sides of the ankle. The heel width is easily adjusted and the brace is applied with two adjustable hook and loop straps. While squeezing side panels together, wrap the lower then the upper strap and fasten with hook and loop closures. Once both straps are fastened, readjust the lower then upper strap to ensure a proper fit. Fit should be snug but not so tight it pinches or it constricts circulation. Wear over socks and with an athletic shoe. Liners can be removed and cooled in the refrigerator.

CARE INSTRUCTIONS:

Gelfoam liners are easily removed and can be hand washed in cold water with mild soap. Do not bleach. Air dry away from heat. Do not tumble dry.

HOW TO SIZE:

This stirrup brace has a universal design to fit most ankles. Heel width is easily customized and brace is applied with two adjustable hook and loop straps. To be worn over socks and with an athletic shoe. Complete wearing instructions enclosed.



800-327-4110



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