

StepLite®

EASY AIR™ ANKLE WALKER BRACES

**Model No: 43-440
Low Height**

**Model No: 43-450
High Height**

**Sizes: Small - Large
Color: Black**

SIZING:

Size according to shoe size.

Size	Men's Shoe	Women's Shoe
Small	6 - 7 ½	5 - 8 ½
Medium	8 - 9 ½	9 - 10 ½
Large	10 - 12 ½	11 - 12 ½



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Website: www.florthopedics.com

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INDICATIONS: Acute or severe ankle sprains, severe ankle or foot strains, lower extremity soft tissue injuries, stress fractures of the foot or ankle, stable fractures of the foot or ankle, post Achilles tendon repairs, and after cast removal.

PRODUCT FEATURES:

- Design accommodates changes in swelling
- Soft, breathable liner wicks moisture away
- Lightweight and low profile
- Air bladder and pump are incorporated into liner
- Inflatible cells offer adjustable compression for a customized fit
- Non-slip rocker bottom preserves a natural gait
- Criss-cross ankle straps for added foot stability
- Optional extra foam pad set included

CARE INSTRUCTIONS:

To clean, simply wipe with a damp cloth. DO NOT submerge the liner in water – this could affect the functioning of the pneumatic pump. Air dry away from heat. Ensure completely dry before reapplying. Do not machine wash or dry. Do not bleach.

HOW TO APPLY:

1. Choose the appropriate size based on the shoe sizing chart on the back. Walker fits left or right.
2. Remove liner from the brace. The air bladder is incorporated in the liner. DO NOT inflate the bladder at this time.
3. Apply liner to patient's foot – ensure the heel fits snugly into the back of the liner. Close foot portion first, followed by the calf portion. The wrap should fit snug but not too tight. Note – it may be necessary to adjust the fit of the wrap if swelling or edema decreases during the healing process.
4. Remove plastic covers from the upright struts to expose the hook and dispose. **Attach the extra ankle pads** if extra cushioning is needed.
5. Attach "hook" side of the straps onto outside of the strut as shown.
6. In a seated position spread the side uprights of the brace and have the patient step into the boot. The foot should be positioned flat with the heel in back of the boot.
7. Affix the uprights to the liner. The uprights should be positioned parallel to the leg.
8. Close the straps starting at the toes and working up the leg. Adjust the straps if necessary. **NOTE** – The high height walker has three top straps, whereas the low version has one top strap.
9. The air bladder can now be inflated to provide a customized fit. To inflate, turn valve clockwise until it stops. Fill with air by pumping the gray "bulb" on the boot strap. Lock valve in the closed clockwise position when adjustment is complete. Inflate until the support feels stable with gentle cushioning but not too tight. **IMPORTANT – DO NOT OVER INFLATE.** The air bladder should only be inflated to a comfortable level. Patients should be instructed to check circulation to ensure not too tight.
10. Air may be released from the air bladder if needed. To release air, turn the valve counter-clockwise and press on the liner. Lock valve back in the closed clockwise position when adjustment is complete. If slight air loss is experienced with extended wear, simply re-inflate following instructions in #9.

