

StepLite®

EASY STRIDER™ ANKLE WALKER BRACES



**Model No:
43-420
Low Height**

**Model No: 43-430
High Height**

**Sizes: Small - Large
Color: Black**

SIZING:

Size according to shoe size.

Size	Men's Shoe	Women's Shoe
Small	6 - 7 ½	5 - 8 ½
Medium	8 - 9 ½	9 - 10 ½
Large	10 - 12 ½	11 - 12 ½

800-327-4110

INDICATIONS:

Acute or severe ankle sprains, severe ankle or foot strains, lower extremity soft tissue injuries, stress fractures of the foot or ankle, stable fractures of the foot or ankle, post Achilles tendon repairs, and after cast removal.

PRODUCT FEATURES:

- Lightweight and low profile
- Rocker bottom with no skid sole
- Criss-cross ankle straps for improved foot stabilization
- Adjustable top straps
- Breathable foam liner with soft moisture-wicking inner material keeps skin cool and dry
- Extra comfort padding
- High and low height walkers available

CARE INSTRUCTIONS:

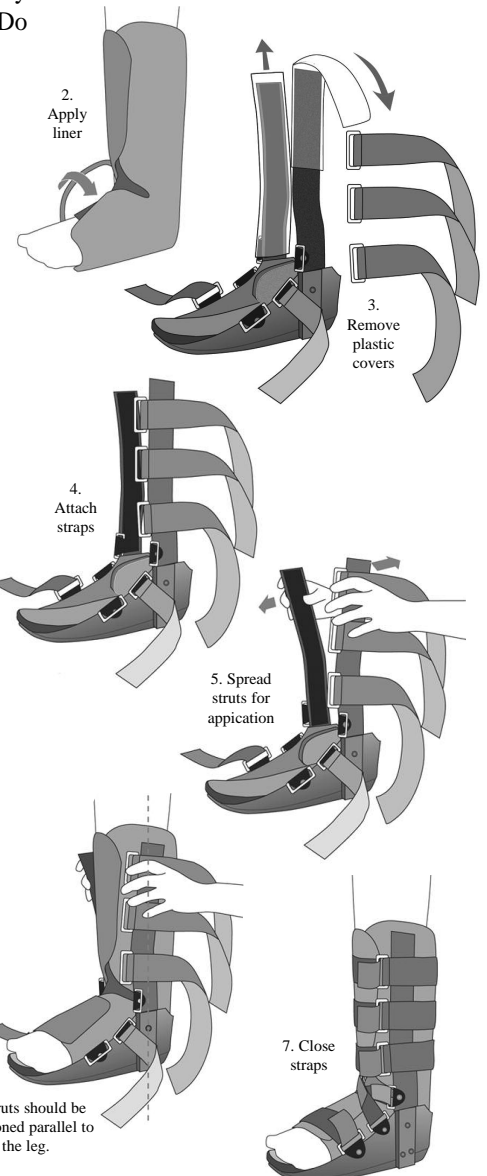
To clean liner, remove from walker. Fasten all closures and hand wash with mild soap. Wrap in towel to remove excess water and air dry away from heat. Do not bleach. Do not tumble dry. Do not reapply until thoroughly dry.

HOW TO APPLY:

1. Remove the liner from the brace.
2. Apply the liner to the patient's foot. Ensure the heel fits snugly into the portion first, followed by the calf portion. The wrap should fit snug, but not too tight. Note – it may be necessary to adjust the fit of the wrap if swelling or edema decreases during the healing process.
3. Remove plastic covers from the upright struts to expose the plastic hook and discard.
4. Attach "hook" side of the straps onto outside of the strut as shown. Attach the extra ankle pads if extra cushioning is needed.
5. In a seated position spread the side uprights of the brace and have the patient step into the boot. The foot should be positioned flat with the heel in back of the boot.
6. Affix the uprights to the liner. The uprights should be positioned parallel to the leg.
7. Close the straps starting at the toes and working up the leg. Adjust the straps if necessary.

NOTE –

The high height walker has three top straps, whereas the low version has one top strap.



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