

SOFT POINT® SILICONE FOOTCARE PRODUCTS

The Soft Point® Footcare Products are made of medical-grade silicone for long-lasting support and comfort. Silicone gives optimal absorption of the shock generated from everyday and high-impact heel strikes. The impact and force on the heel, joints and back are thereby reduced helping to relieve pain and discomfort. Non-irritating and odor free, silicone will always remain soft and retain its shape. It is the ideal footcare material.

Many of the Soft Point® footcare products have blue inserts which have a softer durometer profile for enhanced comfort. The blue inserts are scientifically placed to help relieve pressure and pain on the most sensitive areas of the foot.

SOFT POINT® Heel Pads

Model F11

This low profile pad is ideal for most shoe type. It is extremely easy and comfortable to wear. The hollowed center relieves pressure on the painful heel area – ideal for heel spurs.

Indicated For:

- Heel Spurs
- Plantar Fasciitis
- Leg Length Discrepancies
- Heel, Knee, and Back Pain

Place pad in one or both shoes with the flat, shiny side against the shoe. Pads are universal right and left. Socks or nylons are recommended. Can be easily moved from one shoe to another. **Care**

Instructions: Wash in warm water and mild soap. Air dry away from heat.



Size	Men's Shoe	Women's Shoe
Small	1 - 5	5 - 6 ½
Medium	5 ½ - 9 ½	7 - 11
Large	10 - 15	—

SOFT POINT® Heel Cushions

Model F13

The blue insert has a softer durometer profile at the heel for enhanced comfort. The shape of the cushions and the medial position of the soft blue insert help relieve pressure and pain on the most sensitive area of the plantar fascia.

Indicated For:

- Heel Spurs
- Plantar Fasciitis
- Fat Pad Atrophy
- Heel, Knee, and Back Pain

Place cushion in the respective shoe as labeled Left "L" and Right "R" with the flat, shiny side against the shoe. Socks or nylons are recommended.

Can be easily moved from one shoe to another. **Care Instructions:** Wash in warm water and mild soap. Air dry away from heat.



Size	Men's Shoe	Women's Shoe
Small	3 ½ - 7 ½	5 - 8
Large	8 - 13	8 ½ and up

SOFT POINT® 3/4 Insoles

Model F14

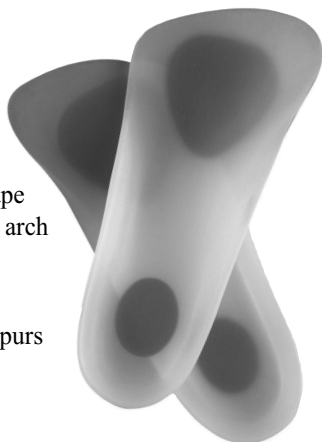
The positioning of the softer, blue inserts helps relieve pressure and pain on the most sensitive areas of the foot – the heel and the metatarsal. The shape of the 3/4 Insole gives additional arch support and heel stabilization.

Indicated For:

- Plantar Pain
- Heel Pain/Spurs
- Metatarsalgia
- Neuromas
- Shin Splints
- Arthritis
- Plantar Fat Pad Atrophy
- Lower Back, Leg, or Foot Pain

Place insole in shoe as labeled Left (L) and Right (R) on the inside of the arch. Place the flat, shiny side against the shoe. Insole should lay flat. If insole curls at the sides, trim sides slightly with scissors. Do not trim heel. Wear with socks or nylons. Can be easily moved from one shoe to another.

Care Instructions: Wash in warm water and mild soap. Air dry away from heat.



Size	Men's Shoe	Women's Shoe
X-Small	4 - 5	5 ½ - 6 ½
Small	5 ½ - 6 ½	7 - 8
Medium	7 - 8 ½	8 ½ - 10
Large	10 ½ - 12	—

SOFT POINT® Full Insoles

Model F15

The shape of the cushions and the medial position of the soft blue insert help relieve pressure and pain on the most sensitive area of the plantar fascia.

Indicated For:

- Heel Spurs
- Plantar Fasciitis
- Fat Pad Atrophy
- Heel, Knee, and Back Pain

Place insole in respective shoe with the shiny side against the shoe. Insole should lay flat. If insole curls at the sides, trim sides slightly with scissors. Do not trim heel. Trimming should not interfere with the blue inserts. Wear with socks or nylons. Can be easily moved from one shoe to another.

Care Instructions: Wash in warm water and mild soap. Air dry away from heat.



Size	Men's Shoe	Women's Shoe
Small	4 - 5	6 - 7
Medium	6 - 7	8 - 9
Large	8 - 10	10 - 11
X-Large	10 ½ - 12	—

800-327-4110



Website: www.flaothopedics.com