

# SPECTER® ROM BRACES

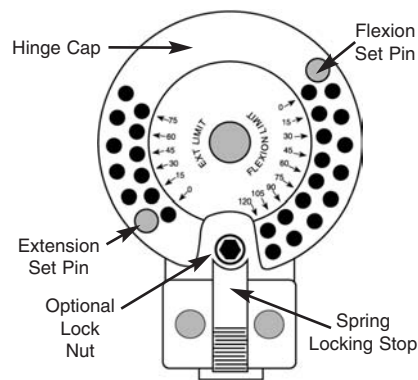
**Model No: 37-0174**  
**Specter® ROM**  
**Cool/Lightweight**

- Strong Durable Hinge with snap-lock design and optional patient lock-out.
- 7.5 Degree Incremental Flexion/Extension Settings
- Integrated Strap/Strut Design
- Comfortable Aluminum Struts for Varus/Valgus position.

**Sizes: Universal**

## FOAM WRAPS:

All foam wraps are universally sized and are easily trimmed with scissors. Hand wash foam wraps in cold water with mild soap. Squeeze out excess water and air dry only.



## INDICATIONS:

Specter® Range of Motion (ROM) Braces are indicated for post-operative immobilization and range of motion needed after surgeries of the anterior cruciate ligament, posterior cruciate ligament, medial collateral ligament, lateral collateral ligament, or for any knee condition requiring limited range of motion.

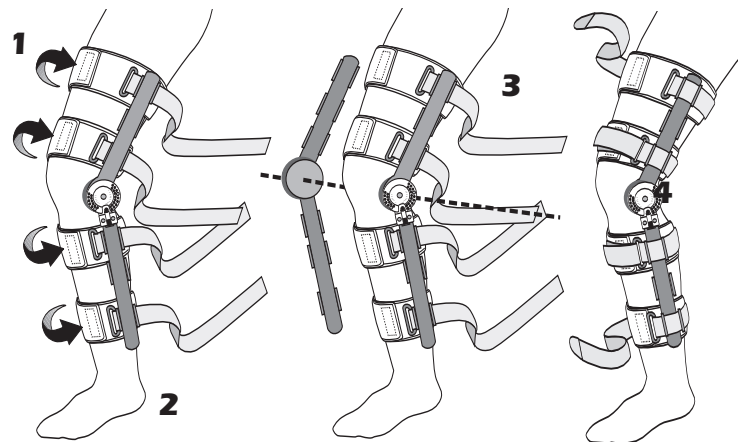
## SETTING THE HINGE:

1. Remove the optional lock nut with the provided hex wrench.
2. Slide back the spring lock stop and rotate the hinge cover to expose the flexion stop pin. Place pin in desired setting – pin holes are in 7.5 degree increments and the numbers on the hinge correspond to the outside row. Rotate the hinge cover to expose the extension stop and set pin. Reposition the hinge cover and release the spring lock stop into the notch.
3. As an option, when compliance is an issue, the optional locking nut can be replaced and tightened for patient lock-out.
4. Set both the medial and lateral hinges to the same settings.

**GENERAL INSTRUCTIONS:** The aluminum side struts on Specter® ROM Braces can be bent to accommodate varus or valgus contouring. Bend each bar an equal amount above and below the hinge. Grasp the bar below the score line while bending to prevent breakage at the score line.

## APPLYING THE BRACE:

1. Remove the foam liners from the brace. Attach the lateral hinge strut to the foam liners leaving approximately 4 inches of liner to the front.
2. Position the lateral hinge strut parallel to the leg with the hinge centered with the normal center of knee rotation. Secure the foam liners until snug and engage the hook closure on the anterior surface.
3. Press the medial hinge strut to the liners so that the respective hinge center points of rotation are parallel.
4. Secure the brace to the leg by looping the straps through the D-rings; fasten the knee straps first and then alternate securing the remaining straps between the thigh and calf. When straps are secured check for proper alignment and readjust if necessary.



To remove brace, unfasten straps and open foam liners; remove and reapply as a single unit.

**800-327-4110**



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