

SPECTER® ROM BRACES

Model No: 37-0170 Specter® ROM Standard

- Strong Durable Hinge with snap-lock design and optional patient lock-out.
- 7.5 Degree Incremental Flexion/Extension Settings
- Integrated Strap/Strut Design
- Comfortable Aluminum Struts for Varus/Valgus position.
- Breakdown Conversion to Shorter 4-Strap Design

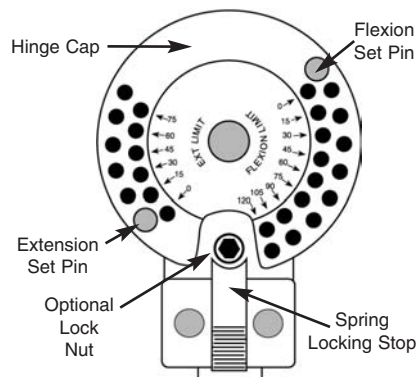
Model: 37-0176 Specter® ROM Short

Short version of the Standard Specter® ROM. Ideal for post-operative patients during rehabilitation. Shorter length is more comfortable for ambulatory patients.

Sizes: Universal

FOAM WRAPS:

All foam wraps are universally sized and are easily trimmed with scissors. Hand wash foam wraps in cold water with mild soap. Squeeze out excess water and air dry only.



INDICATIONS:

Specter® Range of Motion (ROM) Braces are indicated for post-operative immobilization and range of motion needed after surgeries of the anterior cruciate ligament, posterior cruciate ligament, medial collateral ligament, lateral collateral ligament, or for any knee condition requiring limited range of motion.

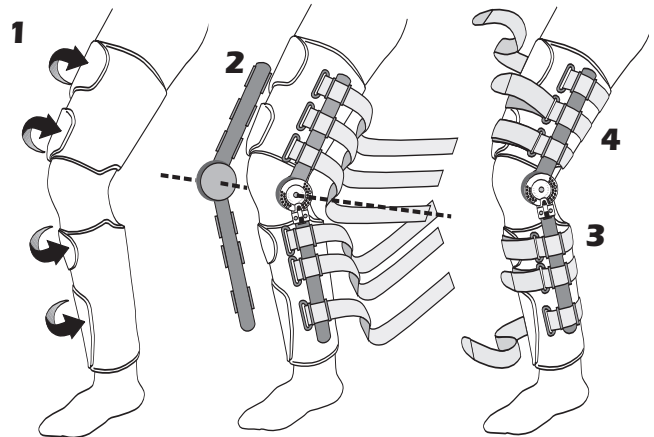
SETTING THE HINGE:

1. Remove the optional lock nut with the provided hex wrench.
2. Slide back the spring lock stop and rotate the hinge cover to expose the flexion stop pin. Place pin in desired setting – pin holes are in 7.5 degree increments and the numbers on the hinge correspond to the outside row. Rotate the hinge cover to expose the extension stop and set pin. Reposition the hinge cover and release the spring lock stop into the notch.
3. As an option, when compliance is an issue, the optional locking nut can be replaced and tightened for patient lock-out.
4. Set both the medial and lateral hinges to the same settings.

GENERAL INSTRUCTIONS: The aluminum side struts on Specter® ROM Braces can be bent to accommodate varus or valgus contouring. Bend each bar an equal amount above and below the hinge. Grasp the bar below the score line while bending to prevent breakage at the score line.

APPLYING THE BRACE:

1. Remove the foam wraps from the brace. Apply the universal thigh and calf wraps until snug. Position so hook and loop closure is on the anterior surface and the popliteal cut out is behind the knee. Overlap in excess of two inches should be trimmed.
2. Press the medial and lateral hinge struts to the wraps so that they are along the midline of the leg and the respective hinge center points of rotation are parallel. This position should correspond with the normal center on the knee.
3. Secure the brace to the leg by looping the straps through the D-rings; fasten the knee straps first and then alternate securing the remaining straps between the thigh and calf. When straps are secured, check for proper alignment and readjust if necessary.



To remove brace, unfasten straps and open the foam wraps; remove and reapply as a single unit.