

Pro-Fitt™

LSO & TLSO

SPINAL ORTHOSIS

INDICATIONS:

Degenerative Disc Disease
Post-Operative
Compression Fracture (Lumbar or Thoracic)
Post-Fusion or Decompression Surgery

PRO-FITT™ LSO AND TLSO FEATURES:

- Lightweight and less bulky for enhanced patient comfort and compliance.
- Anatomically designed around the hips and rib line for a comfortable, custom-like fit in an off-the-shelf design.
- Patented closure system provides a **secure fit with no migration**.
- Brace design with adjustable closure system allows up to 5 inches of adjustability to accommodate patient weight loss or gain.
- Posterior and anterior shells work together giving opposing support to stabilize the lumbar region.
- Easy to adjust.

TLSO MODEL:

- Easy-to-adjust sternal extension piece to prevent flexion.

APPROVED FOR HCPCS CODE: L0639

Lumbar-sacral orthosis, sagittal-coronal control, rigid shell(s)/panel(s), posterior extends from sacrococcygeal junction to T-9 vertebra, anterior extends from symphysis pubis to xyphoid, produces intracavitary pressure to reduce load on the intervertebral discs, overall strength is provided by overlapping rigid material and stabilizing closures, includes straps, closures, may include soft interface, pendulous abdomen design, prefabricated, includes fitting and adjustment.

TLSO MODEL Also add HCPCS Code: L1220 for Sternal Pad Kit

These products are covered by one or more of the following
U.S. Patents: 5,207,636 and 5,267,948.



Pro-Fitt™ LSO

Stabilizes the spine from L1 to S1
(the lumbar and sacral columns).



Pro-Fitt™ TLSO

Includes a sternal pad kit with an anterior extension bar to prevent flexion and support the spine from T5 to S1 (the thoracic, lumbar and sacral columns).



732-542-2722 ▪ 800-822-2210 ▪ Fax: 800-533-3334

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Pro·Fitt™

SPINAL ORTHOSIS

LSO AND TLSO MODELS

Available in Open or Flat Backs



SIZING:

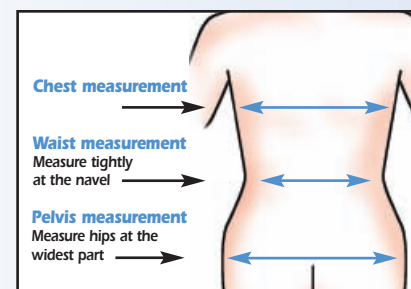
Measure chest circumference, waist circumference (taken tightly at the navel) and circumference of pelvis (taken at the widest part of the hips).

Specify male or female and, normal or pendulous design.

FOR TLSO ONLY:

Measure length from sternal notch to symphysis pubis.

SIZE	MALE (Normal)	MALE (Pendulous)
SMALL	Chest 33-35" Waist 26-30" Pelvis 34-36"	Chest 34-36" Waist 30-34" Pelvis 36-38"
MEDIUM	Chest 36-38" Waist 31-35" Pelvis 37-39"	Chest 37-39" Waist 35-39" Pelvis 39-41"
LARGE	Chest 39-41" Waist 36-40" Pelvis 40-42"	Chest 40-42" Waist 40-44" Pelvis 42-44"
X-LARGE	Chest 42-44" Waist 41-45" Pelvis 43-45"	Chest 43-45" Waist 45-49" Pelvis 45-47"
XX-LARGE	—	Chest 46-48" Waist 50-53" Pelvis 48-50"
SIZE	FEMALE (Normal)	FEMALE (Pendulous)
SMALL	Chest 28-32" Waist 19-25" Pelvis 31-35"	Chest 29-33" Waist 23-29" Pelvis 33-37"
MEDIUM	Chest 32-36" Waist 25-31" Pelvis 36-40"	Chest 33-37" Waist 29-35" Pelvis 38-42"
LARGE	Chest 36-40" Waist 31-37" Pelvis 41-45"	Chest 37-41" Waist 35-41" Pelvis 43-47"
X-LARGE	Chest 40-44" Waist 37-43" Pelvis 46-50"	Chest 41-45" Waist 41-47" Pelvis 48-52"
XX-LARGE	—	Chest 46-50" Waist 48-54" Pelvis 53-57"



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Lumbar-sacral orthosis, sagittal-coronal control, rigid shell(s)/panel(s), posterior extends from sacrococcygeal junction to T-9 vertebra, anterior extends from symphysis pubis to xyphoid, produces intracavitary pressure to reduce load on the intervertebral discs, overall strength is provided by overlapping rigid material and stabilizing closures, includes straps, closures, may include soft interface, pendulous abdomen design, prefabricated, includes fitting and adjustment.

TLSO MODEL ALSO ADD HCPCS CODE: L1220 for Sternal Pad Kit

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FLA ORTHOPEDICS®

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Pro-Fitt™ SPINAL ORTHOSIS

LSO / TLSO Application and Care Instructions

CAREGIVER INSTRUCTIONS:

It is recommended that the Pro-Fitt™ be applied while the patient is lying down with the knees bent towards the chest. The patient's upper body and head should remain flat without the use of pillows.

1. Raise the patient's upper body and slide the posterior portion of the Pro-Fitt™ into place. It should be centered on the back with the bottom of the orthosis resting at the top of the buttocks. Pull elastic closures (1 on each side) and the closure straps (2 on each side) out to the side. Lay the patient back into position.

2a. Place the anterior shell over the patient's abdomen. The indentations on the anterior shell should be positioned on the top of the hip bones.

2b. TLSO ONLY: The ears of the anterior extension bar (sternal pad kit) should rest comfortably on the pectoral muscles (chest) approximately 3" below the sternal notch. If this is not the case, refer to the sternal pad kit instructions below.

3. Secure each elastic side panel to the vertical strips located on each side of the anterior shell. The brace should feel snug.

4a. Using the metal D-rings, attach the two bottom straps to the corresponding metal chafes on the anterior shell.

4b. Pull the double sided hook and loop strap out to tighten and place strap over the bottom horizontal loop strip. Repeat for the second bottom strap and secure it over top the first strap. Repeat this procedure for the top two straps.

5. TLSO ONLY: Once properly positioned, the sternal pad kit can easily be adjusted for snugness by simply tightening or loosening the straps located on either side of the sternal pad.

6. To adjust the height of the sternal pad kit: The height of the sternal pad can be adjusted up or down using a flat head screwdriver. Remove the center (large-head) screw. Loosen the four corner (small-head) screws. Slide bar up or down to desired height. Replace and tighten center screw. Tighten the four corner screws.

PATIENT INSTRUCTIONS - APPLICATION TO SELF:

WHILE LYING DOWN:

A. Detach the D-rings from the anterior (front) panel on one side only. The hook and loop sewn on the ends temporarily holds them together to keep them untangled. Detach the elastic closure on the same side.

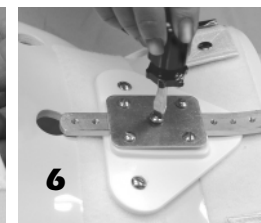
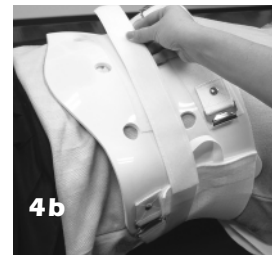
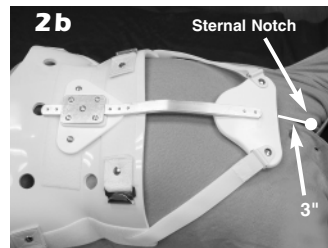
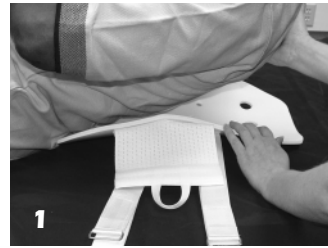
B. Lying on your back, slide posterior (back) panel into place. It should be centered on the back with the bottom of the shell resting at the top of the buttocks. Pull the elastic closure and upper and lower straps out to the side. Unfasten the hook and loop on each closure strap.

C. Pull the anterior (front) shell over the abdomen. The indentations on this front shell should be positioned on the top of the hip bones.

D. Follow caregiver instructions beginning with step 2b for TLSO application and 3 for LSO application. You will only need to secure the one remaining elastic side panel in step 3.

WHILE STANDING:

A. Detach the D-rings from the anterior (front) panel on one side only. The hook and loop sewn on the ends temporarily holds them together to keep them untangled. Detach the elastic closure on the same side.



- B. Place the posterior panel on the back so it is centered on the back with the bottom of the shell resting at the top of the buttocks.
- C. Holding the posterior panel in position, pull the anterior (front) section around and secure remaining elastic closure. The indentations on the front shell should be positioned on the top of the hip bones.
- D. Follow caregiver instructions beginning with step 4a.

TO REMOVE:

Unfasten hook and loop closure straps on top and bottom. Unhook metal D-rings from chafes on one side. Detach elastic closure on same side.

INDICATIONS:

Chronic Strain; Acute Strain and Lumbar Instability (weakness of the lumbosacral spine due to cognitive disorders, metabolic disorders, inflammatory disorders or degenerative disorders); Degenerative Disc Disease; Herniated Disc; Radiculopathy; Sciatica; Spondylolisthesis; Spondylosis; and Facet Syndrome.

The **Pro-Fitt™ LSO** stabilizes the spine from L1 to S1 (the lumbar and sacral columns).

The **Pro-Fitt™ TLSO** stabilizes the spine from T5 to S1 (the thoracic, lumbar and sacral columns).

WEARING INSTRUCTIONS:

Wear as prescribed by physician. Do not wear while sleeping. Pro-Fitt™ can be worn under or over clothing.

CARE INSTRUCTIONS:

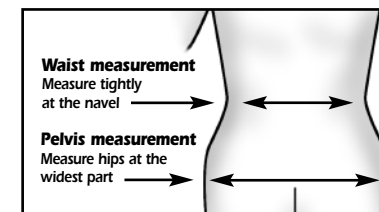
Wipe down the Pro-Fitt™ as necessary with warm water. Allow to air-dry completely before re-applying.

SIZING:

Measure chest circumference, waist circumference (taken tightly at the navel) and circumference of pelvis (taken at the widest part of the hips).

Specify male or female and, normal or pendulous design.

For TLSO only: Measure length from sternal notch to symphysis pubis.



Consult a physician if pain, swelling or unusual reactions are experienced. This device is only one element in the overall treatment program. There is no guarantee that injury will be cured or prevented through use of this product.

APPROVED FOR HCPCS CODE: L0639

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Part # W7096-19

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